



Mission 1 (Hunger) Resources

Is your church participating in Mission 1? Are you looking for resources to make your participation a meaningful success? Do you need materials to use in Sunday school/formational programs to raise awareness about hunger issues?

These resources may be helpful in your ministry setting:

General Resources for Mission 1:

<http://www.ucc.org/mission1/> The United Church of Christ Mission 1 web site. Once there click on the “Resources” tab to find worship materials, mission moments, an Adult Bible Study and more.

Resources for Children and Youth:

1. **Taking Root: Hunger Causes, Hunger Hopes**, from the Evangelical Lutheran Church in America, is a complete curriculum for your congregation. The curriculum includes five sessions each for four different age groups: kindergarten-grade 2, grades 3–6, grades 7–9 (junior high), and grades 10–12 (senior high). All age groups have parallel content, so the biblical texts and themes, children's literature, and many projects and activities are the same among the age levels.

Taking Root will help you:

Explore biblical texts that envision a world without hunger

Discover steps that can transform that image into reality

Challenge students to imagine a better world

Share new books and ideas

For more information and to order go to :

<http://www.elca.org/Our-Faith-In-Action/Responding-to-the-World/ELCA-World-Hunger/Resources/For-Congregations/Generational-Materials/Taking-Root/About-Taking-Root.aspx>

2. **Youth Against Hunger Curriculum**, from The Food Bank of Western Massachusetts, offers hunger related lessons for children in Kindergarten through Grade 12. These materials have been created to help teachers and educators implement classroom activities to get students involved with the issue of hunger in their communities.

For more information go to:

<http://www.foodbankwma.org/learn/yah-curriculum-downloads/>

3. **Bread for the World – Activities that Educate**. Bread for the World is a collective Christian voice urging our nation’s decision makers to end hunger at home and

abroad. Our Mission 1 letter writing efforts are being in collaboration with Bread for the World. In addition to letter writing tips and topics Bread for the World offers a variety of activities for all ages around hunger related issues.

For more information go to: <http://www.bread.org/help/church/activities-curriculum/activities/>

4. Hunger No More, a curriculum from Bread for the World. *Hunger No More* is a set of religious materials on hunger for religious congregations. The basic resource includes a leader's guide, six handouts for class participants, and children's activities (on this site). The handouts can also be used separately, e.g. included in a worship bulletin or mailed with the congregation's newsletter. *Hunger No More* is sponsored by a wide range of religious bodies and other organizations.

For more information go to: <http://www.bread.org/hunger-no-more/download.html>

For "Hunger No More" activities for Children and youth go to:

<http://www.bread.org/hunger-no-more/children-and-youth.html>

5. Food For Thought: A Hunger Curriculum for Learning and Community

Service. Project Bread's exciting hunger curriculum was created for use in grades K-12

For more information go to : <http://www.meals4kids.org/foodforthought.htm>

Books:

Hungry Planet by Peter Menzel and Faith D'Aluisio

Hungry Planet: What the World Eats, a comparative photo-chronicle of the authors visit to 30 families in 24 countries for 600 meals in all. The book feature pictures of each family with a week's worth of food purchases; weekly food-intake lists with costs noted; typical family recipes. Among the families, we meet the Mellanders, a German household of five who enjoy cinnamon rolls, chocolate croissants, and beef roulades, and whose weekly food expenses amount to \$500. We also encounter the Natomos of Mali, a family of one husband, his two wives, and their nine children, whose corn and millet-based diet costs \$26.39 weekly.

We soon learn that diet is determined by largely uncontrollable forces like poverty, conflict and globalization, which can bring change with startling speed. Thus cultures can move--sometimes in a single jump--from traditional diets to the vexed plenty of global-food production. People have more to eat and, too often, eat more of nutritionally questionable food. Their health suffers. *(from amazon.com review)*

The Poverty and Justice Bible, American Bible Society

God cares passionately about poverty and justice. So much so, that poverty is mentioned more than 2,000 times in the Bible. The Poverty and Justice Bible highlights a full sweep of biblical justice and features a 56-page guide for personal and group study. Everywhere you go in this book, God's love for the poor and desire for justice leap out at you. **For more information** go to www.justicebible.org.

DVDs with study guides

NOOMA Rich

There's a popular bumper sticker that reads "God Bless America," but hasn't America already been blessed? It's easy for us to fall into a mindset of viewing "our" world as "the" world, because it's all we generally see. We're constantly bombarded with images of the latest styles and models of everything, and it can easily leave us feeling like what we have isn't enough because we see people that have even more than us. But how does what we have compare to what most people in the world have? Maybe what we have is enough; maybe it's more than enough. Maybe God has blessed us with everything we have so we can bless and give to others. (12 mins, includes study guide)

NOOMA Corner

Why is it that often when we get what we want, we still feel empty? We work so hard to succeed, but our lives just end up becoming more about us. Can success turn on us? Can we get caught up in a smaller world where our lives are all about the things that we want? Or is there another way to live? Where life is about more than just us. Where we see people in need and we do something about it. Where our world is expanding because we are sharing our success. And maybe in attempting to save someone else from their suffering, we find out that we are actually the ones being saved. (12 mins, includes study guide)

Economy of Love

A five-week dvd based study by Daren Petersen featuring Shane Claiborne. America thrives on a simple message that what we currently have is not enough. Not big enough, not nice enough, not fast or hip enough. The American Dream is based on wanting more. But does God's dream for the world look like the American Dream? In this five-week study, unpack what the patterns of God's kingdom look like compared to the patterns of our world. What is the value of enough, and how do we become more like the God who is close to the poor, the hungry, the meek, and the merciful? Economy of Love will challenge individuals to join in community, journeying together as they begin to consider a new standard of living a personal economic threshold oriented not around the size of a monthly paycheck, but around the value of enough. (includes short dvd section and follow up questions.)

Simply Enough

Tony Campolo and Shane Claiborne have created an intensely personal dialog about the foundations of the Christian life and voluntary simplicity. Founded in scripture this DVD can be used individually or in a small group. Produced by "Alternatives for Simple Living." Sessions include: Lifestyle, Food, Celebrations, Stuff, Money, and Justice. Each video segment is 12 mins. Study guide included.